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Let's Cook Spanish, A Family Cookbook: Vamos A Cocinar Espanol, Recetas Para Toda La Familia



Synopsis

Introduce your family to the art of Spanish cuisine with this highly engaging cookbook. Not only will it bring you closer together as a family, but it will teach your child a valuable hobby and get them interested in Spanish culture. Let's Cook Spanish, by notable Spanish chef Gabriela Llamas, is a fun, interactive, bilingual cookbook for families that introduces the art and joy of Spanish cooking. It teaches better eating habits and the importance of culture, while providing quality family bonding time. Featuring classic, simple dishes inspired by Spanish cuisine, each recipe is shown in both Spanish and English and accompanied by charming illustrations. With an emphasis on fresh ingredients and hands-on preparation with family activities, dishes include traditional starters, main courses, and desserts. Your child's creativity will be sparked, as will your deeper connection with them. Da a conocer a tu familia el arte culinario español con este atrayente libro de cocina. Os unirá como familia y además os enseñará un valioso hobby que aumentará vuestro interés por la cultura española. Vamos a cocinar español, de la profesora de cocina con base en Madrid Gabriela Llamas, es un divertido libro de cocina interactivo para toda la familia que introduce el arte y la alegría de cocinar, con platos clásicos y sencillos inspirados en la cocina española. Cada receta aparece en español e inglés y está acompañada de ilustraciones encantadoras. El recetario apuesta por ingredientes frescos y su preparación artesanal e incluye las tradicionales tapas, platos principales y postres. La creatividad de vuestros hijos despertará y se crearán conexiones más profundas con ellos así que todos a la cocina y a jugar a ser chefs.

Book Information

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Age Range: 8 - 12 years

Grade Level: 3 - 7

Customer Reviews

“The author is the top expert writer and teacher of Spanish food in Madrid. The book . . . will become a classic.”
•Edouard Cointreau, President of the Jury, Gourmand World Cookbook Awards

GABRIELA LLAMAS is a chef and teacher of Spanish cooking. She has organized trips for the Culinary Institute of America and Spanish Ministry of Commerce among others and written about Spanish cuisine for Vogue Spain, Vogue Australia, Food & Wine, and Cuisine N Zealand. She has taught many classes with children ('Mothers and children cook together' at Alambique Cooking School) including family groups from America, Australia, UK, France, and New Zealand. She lives in Madrid.

Speaking as an avid cook who's been to Spain several times, this book is the real deal! I recognized almost every dish immediately, from the Tortilla de Patatas (tortillas in Spain are made of eggs, potatoes, and onion rather than corn) to the Chocolate con Churros (which immediately brought back fond memories of the Chocolatería a Valor). You'll find paella in the book, of course, and four variations of gazpacho. Several recipes also make tasty use of THE national ham of Spain: jamón ibérico. I hadn't realized how many kinds of hams are produced in Spain until I went to Madrid for the first time and spotted a Museo de Jamón. I love museums, so I made a beeline for it...only to realize that it's a restaurant dedicated to creating dishes with ham. I thought that was equally enchanting as well as utterly delicious. The authentic and easy recipes in Let's Cook Spanish give you plenty of opportunities to enjoy essential Spanish ingredients like ham, olives, eggs, seafood, and tons of fresh produce. Let's Cook Spanish/Vamos a cocinar español is especially fun for bilingual cooks and families who want to hone their language skills. It's written in Spain Spanish, not Latin American Spanish, so you'll have a chance to learn new vocabulary and practice vosotros. (When in Spain, yes, you use vosotros. Este libro de cocinar es una buena oportunidad para practicar!) And since the book is fully bilingual, it's easy to glance back and forth between Spanish and English. Time to tie on an apron and start making tapas. Y buen provecho a todos!

I love this cookbook! Classic Spanish recipes that your kids (mostly) can cook, with the same recipe in Spanish on the facing page. Kill two birds with one stone and help your kids learn Spanish as they learn to cook! Albondigas Caseras (Homemade Meatballs) are quick and easy to make, and what kid doesn't love rolling out meatballs? Meringue Ice Cream fulfills the sweet tooth, and they won't even realize they're learning so much while they make it! Make a traditional Tortilla de Patatas (Basic Potato Omelet)--though I highly recommend a parent do the flipping!--or teach them a classic Gazpacho. There is so much to choose from, and so much to learn! Take your kids on a trip to Spain, and teach them a little Spanish at the same time. What's to lose? I received a copy of this book from Quarry Books for my honest review. All thoughts and opinions are my own.

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